

**Health and Wellness Committee
Montgomery County Commission on Aging
November 7, 2023
9:30-11:00 AM**

Zoom Link:

Topic: COA Health and Wellness Meeting

Join Zoom Meeting

<https://us06web.zoom.us/j/82621804920?pwd=RnhpUmYxTVJvdjdMT2w2WEIkRzRrQT09>

Meeting ID: 826 2180 4920
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Agenda

1. Welcome/Introductions (Marsha Weber, Marcia Pruzan, Co-Chairs)
2. Approval of October meeting notes
3. Presentation: Judy Levy, Roundtable on Mental Health, American Muslim Senior Society
4. Follow-up discussion on presentation
5. If available, review of additional information resulting from Josi Makon's behavioral health presentation (Tina Purser Langley)

6. Report on outreach to other relevant commissions (Virginia Cain)
7. Review history of H&W committee activities for new commissioners (Marsha Weber)
8. Adjourn

Next Meeting: December 5, 2023, 9:30-11:00 AM via Zoom